

**The Hearts Center 2022 Winter Solstice Event**  
***The Manus Speak on Preparing for Emergencies and Handling Crises***  
Temple of Clarity, 1541 Roma Drive, Vista, California  
December 15-18, 2022

**All times PST**

**Thursday, December 15**

- 1:00 pm Onsite Hearts Center store open  
1:00-2:30 In-person Soul-Raising Sessions\* available. Schedule and pay in The Hearts Center store.  
2:00 Registration open  
2:55 In seats. (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)  
3:00 Welcome by David Christopher Lewis  
Prayers and songs  
**Lord Himalaya: *Use My Blue Lotus Light to Safeguard Your Communities***  
4:45 Intermission  
5:00 Etheric Quadrant Work: Accelerating Light and Developing Alternative Energy Presentation and workshop by Ray and Terri Ziemkowski  
6:00 Dinner at local restaurants

**Friday, December 16**

- 8:55 am In seats. (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)  
9:00 Silent meditation. Doors are closed (If doors are closed when you arrive, kindly wait outside until the doors are reopened.)  
9:15 Doors are reopened. Prayers, songs, New Age rosary, and Laughter Yoga dance  
11:00 Intermission  
11:15 Prayers and songs  
**Vaivasvata Manu: *Saving a Civilization through Spiritual, Mental and Physical Preparation***  
12:15 pm Mental Quadrant Work: Keeping the Teaching Alive through Potential Earth Changes  
Presentation and workshop by Cathleen and Robert Beese  
1:00 Lunch at local restaurants. Store open  
3:00 Hour-long meditation for planetary freedom and peace. (Challenge your meditation disciplines and skills by your participation. Bring a cushion or blanket if you would like to sit on the floor. Or bring a pad to make your chair more comfortable. You will be required to remain still and quiet for the entire time. If you may have difficulty meeting this request you are welcome to sit in the back of the room, and from there you may also quietly leave if or when required.)  
4:00 Walk in nature at Buena Vista Park.  
4:15-6:00 In-person Soul-Raising Sessions\* available. Schedule and pay in the onsite store.  
6:00ish Dinner at local restaurants

Reminder: Write your Karmic Board letter before Sunday when they will be consecrated. Place it in designated basket. For more details, see Karmic Board letter information sheet in your registration folder.

## **Saturday, December 17**

- 8:55 In seats. (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)
- 9:00 Silent meditation. Doors are closed (If doors are closed when you arrive, kindly wait outside until the doors are reopened.)
- 9:15 Doors are reopened. Prayers, songs, New Age rosary and Laughter Yoga dance
- 11:00 Intermission
- 11:15 Prayers and songs  
**The God and Goddess Meru: *Our Strategy to Awaken and Illumine a World and Her People***
- 11:45 Emotional Quadrant Work: Strengthening Initiates' Hearts to Bear Planetary Darkness
- 12:30 The Hearts Center council presents organizational initiatives for 2023
- 1:00 pm Lunch at Lotus Cafe followed by outing at the beach
- 6:00 Dinner
- 7:30 Christmas party with Christmas carols

## **Sunday, December 18**

- 8:00 am Paneurhythmy at Questhaven (Wear white.) Not broadcast
- 9:40 In seats at Temple of Clarity. (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)
- 9:45 Silent meditation. Doors are closed (If doors are closed when you arrive, kindly wait outside until the doors are reopened.)
- 10:00 Doors are reopened. Prayers, songs, New Age rosary  
**The Divine Director: *Planning Together for a Brighter World of Joyous Freedom and Love***
- 11:15 Physical Quadrant Work: The Essentials of Food, Water, Shelter and Clothing Presentation and workshop by Nancy Lach
- 12:00 Intermission
- 12:15 Group Soul Raising Session with the Holy Spirit with a final blessing for the New Year.  
Consecration of Karmic Board letters. Circle of Oneness and group photo
- 1:00 Lunch at local restaurants. Store open

\*Ten or twenty-minute in-person Soul-Raising Sessions with David Christopher Lewis include a soul reading, aura clearance and chakra balancing, and one question addressed. Receive a direct teaching from the Holy Spirit uniquely personal for you. After your session you will be emailed a link to an audio file enabling you to listen to and save your message. (10-min.: \$72; 20-min.: \$144)

Schedule an appointment during the event at the onsite store.

Program is subject to change. For outdoor activities, we may make schedule changes due to weather.

12/6/22